

THE MOST HOLY BODY AND BLOOD OF CHRIST



What is the Eucharist? Certainly, there are a lot of views on the Most Holy Sacrament of the Altar:

1. For some it is a meal; for others it is a sacrifice.
2. For some it is a ritual, sacred act of a deep personal prayer; for others it is a community gathering: the more mess, noise and kids the better as some say.
3. For some it is just a ritual remembrance of the historical events of Jesus' passion, death and resurrection; for others it is a celebration of God's presence with us today.
4. Some call it the Lord's Supper, others call it the Eucharist, and still others call it the Mass.
5. Some celebrate it once or twice a year, some celebrate it every Sunday, and still others every single day.

In truth, the Eucharist is all of these things, and more. It is like a finely-cut diamond twirling in the sun and at every turn giving off a different sparkle. But in the end, there is no adequate explanation of the Eucharist for the same reason that there is no adequate explanation for love, for example, because certain realities take us beyond language. They do what words cannot do, for any attempt to nail down its full meaning will always come up short and in the words of one saint, *"It will always get up and walk away with that nail."* Perhaps it is not the fast way, or the successful way to comprehend this meaning, but one thing we do know for sure: God wants us to have a "good life" — a life that is emotionally healthy, relationally satisfying, and spiritually life-giving. And our faithful and regular reception of Jesus' Sacred Body and Precious Blood in Holy Communion will tremendously help us achieve this desire of God for us.



Fr. Slawek

JUNE 2, 2024



The Society of Saint Vincent de Paul

BUNDLE SUNDAY—JUNE 15-16

Please drop off item only on the weekend of June 15-16 before Mass begins.

WE ONLY ACCEPT

- All Clothing (Any Condition)
- All Footwear (Any Condition)
- Bedding (Any Condition)
- Drapery/Towels
- Toys (New Only)

FREE CATHOLIC ESTATE PLANNING WEBINAR From a Catholic Perspective

Saturday, June 8, 2024, at 9:00 a.m.

The Archdiocese of Toronto & Catholic Cemeteries Estate Planning Team will discuss:

- **How to avoid problems:**
 - in your Will
 - in the Powers of Attorney, and through proper Estate Trustee selection—*Potential dangers and the ways to protect your loved ones and yourself will be illustrated in a few real-life stories.*
- **How to create your personal Catholic legacy**
- **About our Catholic traditions around wills, cremation, burials and funerals**

3 WAYS TO REGISTER:

1. scan this QR code:
2. follow this QR link: qrco.de/WebJune08
3. send an email to: Development@ArchToronto.org and write "webinar June 8" in the title line + your name(s) in the body of the message.



FIVE – DAY INDIVIDUAL RETREAT (WITH SPIRITUAL DIRECTION) Manresa Jesuit Spiritual Renewal Centre—2325 Liverpool Rd. Pickering, ON L1X 1V4 General Inquires: 905-839-2864

June 24 @ 4:00 pm – June 28 @ 1:00 pm
\$600.00 Suggested Offering

MEN & WOMEN – An individually directed retreat provides participants with a silent and peaceful environment for five days. You will benefit from all the usual Manresa amenities: silence, a private room, all meals, daily celebration of the Eucharist, and access to the grounds at their summer best.

A directed retreat offers you a daily meeting with an experienced spiritual director. That person serves as a guide, helping you and God to engage with each other. Otherwise, there are no group activities.

Space is very limited, so you would be wise to sign up early.

This retreat begins on Monday with dinner served at 5:30 pm and ends with a lunch on Friday.



MASS INTENTIONS

Tuesday, June 4

9 a.m. Private Intentions.

Wednesday, June 5

9 a.m. Repose of the soul of Shirley Lam Shook Yee req. by Angela Chan.

Thursday, June 6

9 a.m. Private Intentions.

Friday, June 7

9 a.m. Repose of the soul of Bob Cook req. by Joan Cook.

Saturday, June 8

4:30 p.m. Repose of the soul of Ann Takaki req. by Violet Pung.

Sunday, June 9

9 a.m. Intentions to the Sacred Heart of Jesus req. by Lorretta D'Souza.

11 a.m. Intentions of all Parishioners.



COFFEE & TEA & SNACKS SOCIAL

The Social will resume
Wednesday, June 5, 2024
After the 9 a.m. Mass
in the Parish Basement



ARE YOU MOVING? OR HAVE YOU MOVED ALREADY?

Please contact the parish office so your records can be updated.

Thank you.

You are a tabernacle



holding the True Presence of Christ

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