

THIRD SUNDAY IN ORDINARY TIME



The spiritual life made simple: Do you want to be inspired every morning when you wake up in this New Year? Personally, I usually wake up with the words of Psalm 118:24 in my mind: “This is the day that God has made, and I will rejoice and be glad in it.” This phrase helps me frame the day with hope and possibility, because these words remind me that now is the only moment there is, and that in this holy moment, on this day, I can choose love, truth, joy, and forgiveness. I can begin again as God’s companion in healing the world. I can do something wonderful, as poet Mary Oliver counsels, with our one “wild and precious life.” So in every unique and unrepeatable day, try to remember to pause and reflect: What acts of kindness and love will I perform today? In what ways will I celebrate the fact that I woke up this morning to a day of possibility and wonder? This is the moment when Jesus is trying to get our attention, and that is where our faith checks in. In other words, it is a willingness that sometimes works in ignorance, but not ignorantly, especially when we wholeheartedly embrace it with this prayer on our lips:

*God of change and glory,
God of time and space,
in this holy moment give to me Your grace.
Let me live this moment with joy and affirmation.
Let me share love and create beauty for You and my neighbour,
for this is the day that You have made, and I will rejoice and be glad in it. Amen.*

P.S. Practically speaking, this spiritual awaking means that we need to be alert to every opportunity to do good, and every opportunity to avoid evil, because both are always close at hand. **But if you are not up to it right now for whatever reason, stay tuned for more about this “dark” aspect of our life that I will share with you in the next bulletin.**



Fr. Slawek

JANUARY 21, 2024



The Society of Saint Vincent de Paul *Turning concern into action*

"We should strive to keep our hearts open to the sufferings and wretchedness of other people, and pray continually that God may grant us the spirit of compassion which is truly the spirit of God."

St. Vincent de Paul

By remembering our neighbours who ask for help through the Society of St. Vincent de Paul, we are all touched by God's love and build up His Kingdom on earth.

Thank you for your contributions to the Poor Box.

DAY OF REFLECTION

Monday, January 29, 2024: 9 a.m.—3:30 p.m.
Manresa Jesuit Spiritual Renewal Centre, 2325 Liverpool Rd., Pickering

Topic: *"Peace I leave with you, my peace I give you."*

At Mass, just before communion, we have a Rite of Peace. This is no accident. Today we have a time for reflection on the importance of this rite. We offer a sign of peace to one another, we pray for peace in our world and in our lives, but we also open ourselves in a new way to receive this gift from Christ.

Facilitator: Fr. Jim Kelly, SJ. A suggested offering of \$65.00 per person. Includes break, lunch and Mass along with the program.

REGISTER: <http://manresa-canada.ca>

CONTACT: registration@manresa.ca

PHONE: 905-839-2864

CHURCH WASHROOMS

Attention all Parishioners and Visitor's to Holy Spirit. We ask everyone to take extra care when using our washroom facilities. The continuous clogging of toilets, from using excessive amounts of toilet paper and wrongly deposited sanitary napkins, has caused a 135 foot blockage in our pipes resulting in sewage backflow. Please treat our washrooms with care as if you are in your own home to avoid the Church from incurring extra cost for repairs and cleaning to our Washrooms.

Thank you



ARE YOU MOVING? OR HAVE YOU MOVED ALREADY

Please contact the parish office so your records can be updated.
Thank you.



MASS INTENTIONS

Tuesday, January 23

9 a.m. Private Intentions.

Wednesday, January 24

9 a.m. Intentions of Thanksgiving.

Thursday, January 25

9 a.m. Repose of the soul of Neil Richen
Belsonda req. by Catherine Manlapaz.

Friday, January 26

9 a.m. Intentions for the Lat family.

Saturday, January 27

4:30 p.m. Intentions of all Parishioners.

Sunday, January 28

9 a.m. Repose of the soul of Jaypee Vargas req. by the Tubongbanua family.

11 a.m. Repose of the soul of Silvestro
De Laurentis req. by the De Laurentis family.

COFFEE & TEA & SNACKS SOCIAL



The Social will resume
Wednesday, January 24, 2024
After the 9 a.m. Mass
in the Parish Basement

All parishioners welcome

SUNDAY MISSAL

Are available for purchase from the parish office.
Cost \$ 6.00

Monday -Thursday
8:30 a.m.—1 p.m.

YOUR HEALTH

As cold and flu season approaches, to ensure the health of the entire community, parishioners are encouraged to stay home from Mass and parish functions if they are experiencing symptoms of the flu virus, colds, etc. Respect and concern for the common good takes precedence. Thank you for your cooperation! To minimize risks please use the hand sanitizers that are located at each entrance!