

SECOND SUNDAY IN ORDINARY TIME



the Pastor's corner

I want to share with you a simple reminder about the need to practice our faith. Yes, it can be difficult at times, but as the saints have attested to, with Jesus anything is possible, because Our Lord is large and in charge. And this is what the Catechism of the Catholic Church tells us:

In terms of the sacraments, a practicing Catholic has an active sacramental life. He or she goes to Mass a minimum of once a week and lives the Communion they receive by being in union with the Church and her teachings. Since we are talking Communion, we need to remember that the sacrament of reconciliation is a huge part of this. Anytime we have committed a mortal sin, we have to get to confession as soon as possible before we attempt to receive Communion. We also need to honour our holy days of obligation. BTW: Do you know what they are in Canada?

Besides public prayer, a practicing Catholic prays every day in private in order to respond to God's call to personal communion through quiet time and reflection. A practicing Catholic prays with his family every day and never lets a schedule get in the way of that sacred duty. The personal and communal prayer of a practicing Catholic compels them to go into the world and spread the Gospel of Jesus in the way they live and love.

In terms of the social issues of our day, a practicing Catholic dedicates his financial, emotional and physical resources to those things that reflect the Kingdom of God on earth. This is why we help our parish continue to function and minister effectively. A practicing Catholic votes and lives pro-life because we do not support abortion under any circumstances or in any form. We oppose capital punishment and unjust wars. We support initiatives that help the poor and downtrodden and give our time and treasure to helping the "least among us." In short, our every action, political or social, for instance, demonstrates a firm conviction that every person is a gift from God and must be treated in the same way that we would treat Jesus. One of the saints reminds us of our purpose in life in this way: "That's it. That's what I want with all my heart, mind and soul, because I know I wasn't born at random and I wasn't sent into the world for nothing." This is why our existence is not just a dull fact, but a mysterious activity welling up from God moment by moment. Some people discover this in the desert of a prison, but all of us can discover it in a moment of solitude.

But as you practice your faith, never allow yourself to be paralyzed by feelings of impotence or guilt, but rather be faithful in doing well the few things that you are called to do, and hold on to the joy and peace they bring you. But keep in mind that in this spiritual enterprise, you will need to have strong self-confidence combined with deep humility to never think that what you have to offer is insignificant, because there will always be someone out there who needs what you have to offer. Keep in mind, however, that the reasons for your good deeds should be the gifts themselves, not the accolades you might receive. If any reward comes your way, I hope it is because those you helped felt so blessed that they had to tell the whole world.



Fr. Slawek

JANUARY 14, 2024



The Society of Saint Vincent de Paul
Turning concern into action

We can be true followers of Jesus by reaching out to the people who depend on us for their material and spiritual needs – our neighbor -in -need.

Thank you all parishioners for your ongoing generosity towards the Poor. Your donations to the Poor Box go a long way to help many unfortunate families.

MARRIAGE PREPARATION COURSE

St. Barnabas Church

Starting January 25, 2024

7 consecutive Thursdays—7 p.m.— 9 p.m.

Register online:

<https://form.Jotform.com/stbarnabasto/MARPREP2024>
or go to the website at <https://stbarnabasto.ca>



FEAST OF THE INFANT JESUS MASS

Saturday, January 20, 2024
Mass Time: 10:30 a.m.

Reception to follow in the Church basement

Come join us. Everyone welcome.

CHURCH WASHROOMS

Attention all Parishioners and Visitor's to Holy Spirit. We ask everyone to take extra care when using our washroom facilities. The continuous clogging of toilets, from using excessive amounts of toilet paper and wrongly disposed sanitary napkins, has caused a 135 foot blockage in our pipes resulting in sewage backflow. Please treat our washrooms with care as if you are in your own home to avoid the Church from incurring extra cost for repairs and cleaning to our Washrooms.

Thank you



**ARE YOU MOVING?
OR
HAVE YOU MOVED
ALREADY**

Please contact the parish office so your records can be updated.
Thank you.



MASS INTENTIONS

Tuesday, January 16

9 a.m. Repose of the soul of Noel Valerio req. by Maria Valerio.

Wednesday, January 17

9 a.m. Repose of the soul of John Luu Van req. by Kim Luu.

Thursday, January 18

9 a.m. Private Intentions.

Friday, January 19

9 a.m. Repose of the soul of David & Pearl req. by Helen & Frances Arasaratnam.

Saturday, January 20

4:30 p.m. Repose of the soul of Colin Vaz req. by Zena Vaz.

Sunday, January 21

9 a.m. Repose of the soul of Salvatore Mirabelli req. by the Mirabelli family.

11 a.m. Intentions of all Parishioners.

COFFEE & TEA & SNACKS SOCIAL



The Social will resume
Wednesday, January 17, 2024
After the 9 a.m. Mass
in the Parish Basement

All parishioners welcome

SUNDAY MISSAL

Are available for purchase from the parish office.
Cost \$ 6.00

Monday -Thursday
8:30 a.m.—1 p.m.

YOUR HEALTH

As cold and flu season approaches, to ensure the health of the entire community, parishioners are encouraged to stay home from Mass and parish functions if they are experiencing symptoms of the flu virus, colds, etc. Respect and concern for the common good takes precedence. Thank you for your cooperation! To minimize risks please use the hand sanitizers that are located at each entrance!