

# FEAST - THE HOLY FAMILY OF JESUS, MARY AND JOSEPH



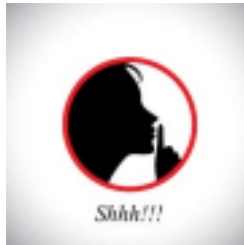
Today I want to help you to know when *not to open your mouth during the next 365 days*. But do not just quickly read these tips; digest them slowly day after day to be reminded of the need to think twice before you open your mouth:

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1. In the heat of anger: *Proverbs 14:17*
2. When you do not have all the facts: *Proverbs 18:13*
3. When you have not verified the story: *Deuteronomy 17:6*
4. If your words will offend: *1 Corinthians 8:11*
5. When it is time to listen: *Proverbs 13:1*
6. When you are tempted to make light of holy things: *Ecclesiastes 5:2*
7. When you are tempted to joke about sin: *Proverbs 14:9*
8. If you would be ashamed of your words later: *Proverbs 8:8*
9. If your words would convey the wrong impression: *Proverbs 17:27*
10. If the issue is none of your business: *Proverbs 14:10*
11. When you are tempted to tell a lie: *Proverbs 4:24*
12. If your words will damage someone else's reputation: *Proverbs 16:27*
13. If your words may damage your friendship: *Proverbs 16:28*
14. When you are critical of others: *James 3:9*
15. If you have already said it more than one time: *Proverbs 19:13*
16. When you are tempted to flatter a wicked person: *Proverbs 24:24*
17. When you are supposed to be working instead: *Proverbs 14:23*
18. When God wants your silence, for we all often forget about the proverbial two ears and one mouth in our daily life, for as someone rightly pointed out, "They say that small things never hurt, but are they right? A bee is a something small, but when it stings, hurts a great deal. Words are small things too, but when they are shot like bullets from the hot muzzles of inconsiderate mouths, they may hurt badly enough to kill a small spirit before it has had time to grow strong."

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*May this advice guide you safely through the New Year  
so that you will be able to discover not just a better - but the best - version of yourself.*



Fr. Slawek

# DECEMBER 31, 2023



The Society of Saint Vincent de Paul  
*Turning concern into action*

“The reward for Christian charity is the joy that one feels after having performed a good deed.” - Don Bosco

In all the ordinary and the extraordinary things that we do to bring comfort, the hope and joy to the less fortunate in our community, we give witness and thanks to God's love and compassion.

Thank you for your contributions to the Poor Box after Mass

## MARRIAGE PREPARATION COURSE

**St. Barnabas Church**

Starting January 25, 2023

7 consecutive Thursdays—7 p.m.—9 p.m.

**Register online:**

<https://form.jotform.com/stbarnabasto/MARPREP2024>

or go to the website at <https://stbarnabasto.ca>

## MARRIAGE DATE NIGHT

Attention all Couple St. Barnabas Church will be having a **Marriage Date Night on January 20, 2024**. The topic this night is **The Blueprint of Love**. Every marriage needs a blueprint—a plan to follow for real love. Find the blueprint for your marriage in the loving actions of Christ for the Church. To register please go to website <https://stbarnabasto.ca>

## 2024 OFFERTORY ENVELOPES

Please use **2024 envelopes starting Jan. 1**. Print your full name, address, phone number and donation clearly on the envelope for the month so the Parish office can record the number to your name.

If you have a change of address please list it on your envelope or notify the office.



## MASS INTENTIONS

### Tuesday, January 2

9 a.m. No Mass

### Wednesday, January 3

9 a.m. Intentions of thanksgiving for The DeSouza family.

### Thursday, January 4

9 a.m. Private Intentions.

### Friday, January 5

9 a.m. Intentions of thanksgiving req. by Anton Santhiappillai..

### Saturday, January 6

4:30 p.m. Repose of the soul of Linda Rixon req. by the Rixon family.

### Sunday, January 7

9 a.m. Repose of the soul of Jacob Castiel Salas req. by Magdalena Bitaro.

11 a.m. Intentions of all Parishioners.

## COFFEE & TEA & SNACKS SOCIAL



The Social will resume  
**Wednesday, January 3, 2024**  
After the 9 a.m. Mass  
in the Parish Basement

**All parishioners welcome**

## SUNDAY MISSAL

Are available for purchase from the parish office.  
Cost \$ 6.00

Monday -Thursday  
8:30 a.m.—1 p.m.

## YOUR HEALTH

As cold and flu season approaches, to ensure the health of the entire community, parishioners are encouraged to stay home from Mass and parish functions if they are experiencing symptoms of the flu virus, colds, etc. Respect and concern for the common good takes precedence. Thank you for your cooperation! To minimize risks please use the hand sanitizers that are located at each entrance!

Your talent is  
God's gift to you  
What you do  
with it  
is your gift  
back to God

mobavator.com



**ARE YOU MOVING?  
OR  
HAVE YOU MOVED  
ALREADY**

Please contact the parish office so  
your records can be updated.  
Thank you.