

# FOURTH SUNDAY OF EASTER



**How easy it is to judge or to condemn right away.** We have all experienced, perhaps countless times, how quickly criticism can rise within us, how readily we measure others while overlooking our own frailties. But our criticism of others is probably a mirror of ourselves. And when we criticize, we often gossip, so criticism leads to all sorts of bad stuff. It is far easier to point out faults of others than to recognize that we, too, do plenty wrong every day. So, instead of harsh judgement, we should remember Jesus' way of doing things: compassion, patience, and a willingness to forgive. Otherwise, we will fail to remember that gossip is one of the main consequences of judging others.

Moreover, gossip is always based on judgement and it often begins quietly - usually in the small act of judging another person's weakness or mistake - in our heart and mind, and then passing that judgement along in conversation. It can feel harmless and even entertaining at times, yet it slowly erodes charity. When we speak about others without kindness, we reduce them to their faults and forget their dignity as children of God. Gossip wounds reputations, hardens our own hearts, and creates a culture of suspicion rather than trust.

So if you wish to refrain from this deadly vice, first and foremost, you must guard your interior life: refusing to dwell on negative assumptions, pausing before you speak, and asking whether your words are true, necessary, and loving. Silence, prayer, and the deliberate choice to speak well of others are small but powerful disciplines that will help you shape your heart more closely to the merciful heart of Christ, for as someone once wrote, *"God's grace penetrates, heals, and glorifies every stratum of our being: Our bodies must be healed; our emotions, welcomed; our knowledge, edified; our finances, sanctified, our relationships, reconciled; our memories, clarified; our sexuality, purified; and our recreations, re-created so that our lives, in the end, may become a gospel story."*

**P.S.** I think the following process of discernment may also help you overcome this vice: **Attitude - Admission - Action - Adjustment**. But remember that once is never enough, so repeat as many times as necessary in order to notice a difference in your attitude towards others. And this will be the beginning of your spiritual healing when you let God sit in the control room of your heart so that the Lord may take full possession of your heart, mind and soul in order to remove your hurtful opinions and adjust your negative attitudes.

*Fr. Slawek*

**APRIL 26, 2026**

**Pre-Authorized Giving Plan**—Pre-Authorized Giving is a very simple procedure. When you participate in Pre-Authorized Giving, your offering will be withdrawn from your account on or about the 20th of the month. This amount will then be deposited to the Parish’s account.

This amount will be receipted at the end of the year for tax purposes.

Application forms are on the table at the back of the church.

**MASS INTENTIONS**

**Tuesday, April 28**

9 a.m. Private Intentions.

**Wednesday, April 29**

9 a.m. + **Repose of the soul** of Shirley Lam Sook Yee req. by Angela Chan.

**Thursday, April 30**

9 a.m.. **Repose of the soul of** Conor Hanly req. by Bridget Murphy.

**Friday, May 1**

9 a.m. **In honor of St. Joseph** req. R. Tubongbanua.  
+ **Souls in Purgatory** req. R. Tubongbanua  
+ **Repose of the soul of** Nancy Philomen Brodrick req. by the Conroy family.  
**Intention of** Lois Lee req. by Theresa Lee.

**Saturday, May 2**

4:30 p.m. **Intentions of** all Parishioners

**Sunday, May 3**

9 a.m. **Intention of** Cheryl Jacob req. by the Noranho family.

11 a.m. **Intentiions of** Jennifer & Trevor Gomes on their Wedding Anniversary req. by the Gomes family.

**Parish Summer Camp**



**from 9 am to 3 pm.**

**Maximum 60 children ages 4 – 13 years old per camp week**

**Cost**\$100 per child • \$175 with 1 sibling

**Summer Camp days – Week 1 - June 28– July 3**

**Summer Camp days – Week 2 - July 6– July 10**

**Summer Camp days – Week 3 - July 13– July 17**

**Registration forms available from Claudia Marzo**



**ARE YOU MOVING? OR HAVE YOU MOVED ALREADY?**

Please contact the parish office so your records can be updated.



The Society of Saint Vincent de Paul  
Holy Spirit Conference

Dear Parishioners:

We need You...Our Community needs You...

On the weekend of May 2 / 3 we will be having a Loonie, Toonie Fundraiser. Volunteers will be waiting at all church entrances. Please see our flyer at the back of the church.

Thank You!



**Thank you for your contributions to the Poor Box after Mass.**

**Children’s Liturgy:**

Every Sunday

9 a.m. & 11 a.m. Masses.



**COFFEE & TEA & SNACKS SOCIAL**

**Wednesday, April 29, 2026**

Everyone welcome



There's no need to be perfect to inspire others. Let people get inspired by how you deal with your imperfections